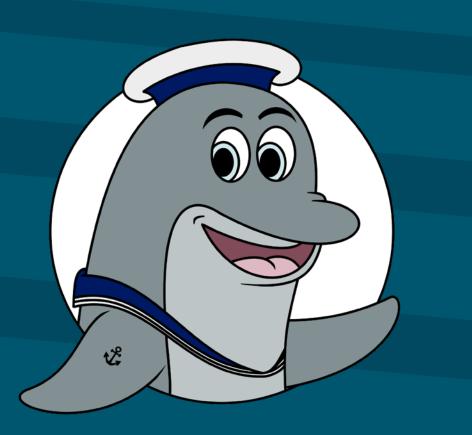


# WHEN A SPECIAL PERSON GOES AWAY

Children's Workbook





This booklet has been designed to assist children to understand the difficulties encountered when a special person goes away

My name is  And I have a special person serving in the		
(Royal Navy, Royal Marines etc.)		
On/at		
(Ship/Squadron/Unit)		
My special person is called		
And they are my		
(Mum/Dad/Brother/Sister etc.)		

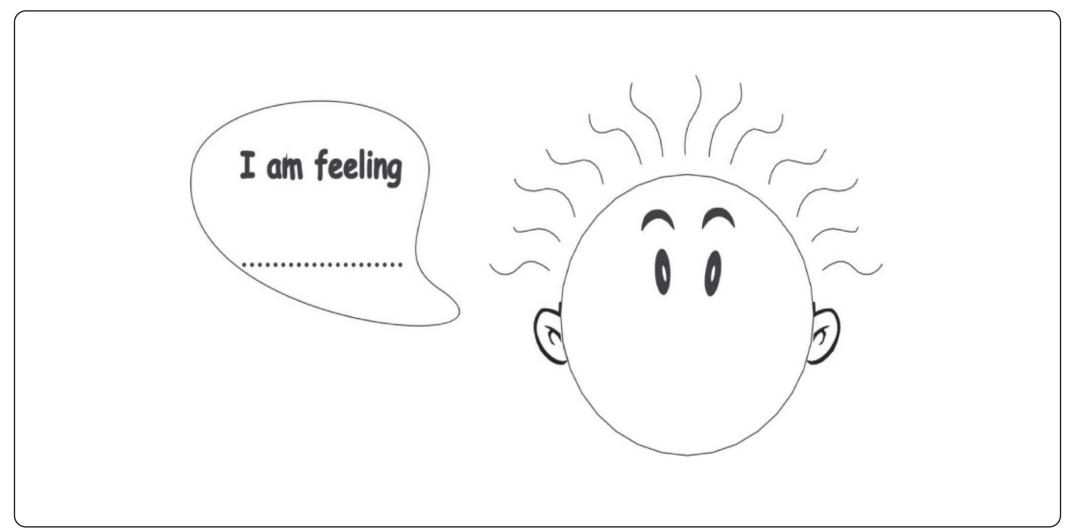
### Where does your special person work?

My			
	Works on		
a Ship			
a Submarine			
an Aeroplane			
a Helicopter			
	(If your special person works somewhere else		

# Have you been to where your special person works? Can you draw it? If you haven't don't worry just draw what you think it looks like.

# How do you feel about your special person going away?

(Draw a picture of you, are you happy/sad etc)



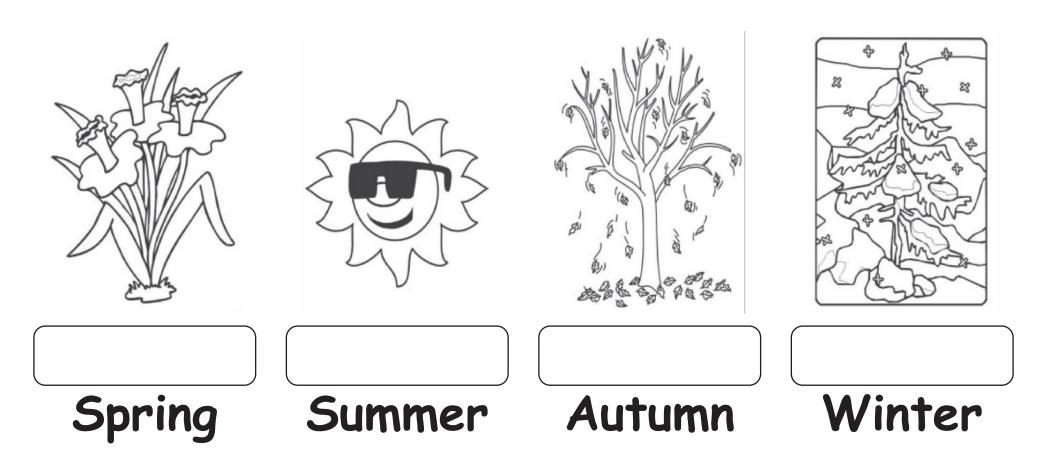
Now you know where your special person is going, you could do a project on it.

Ask your special person to send postcards when they can.

And stickers and pictures so that you can add them all into your project.

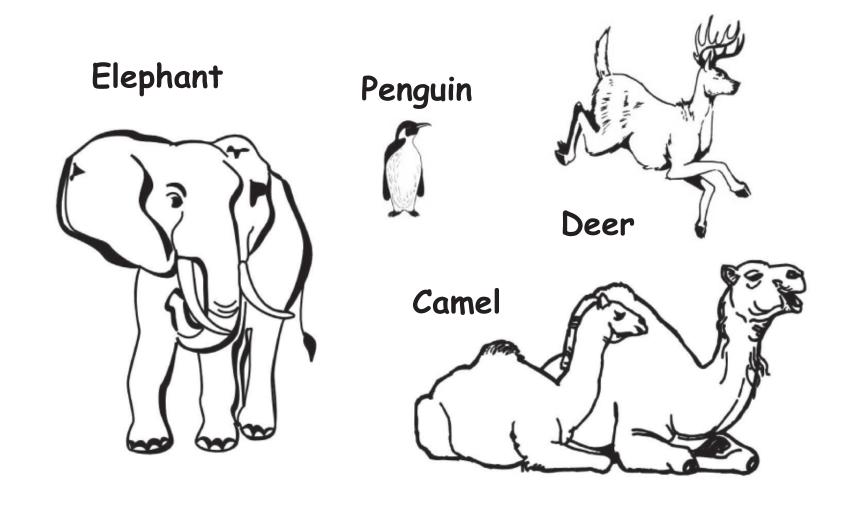
And when your special person comes home you can show it to them.

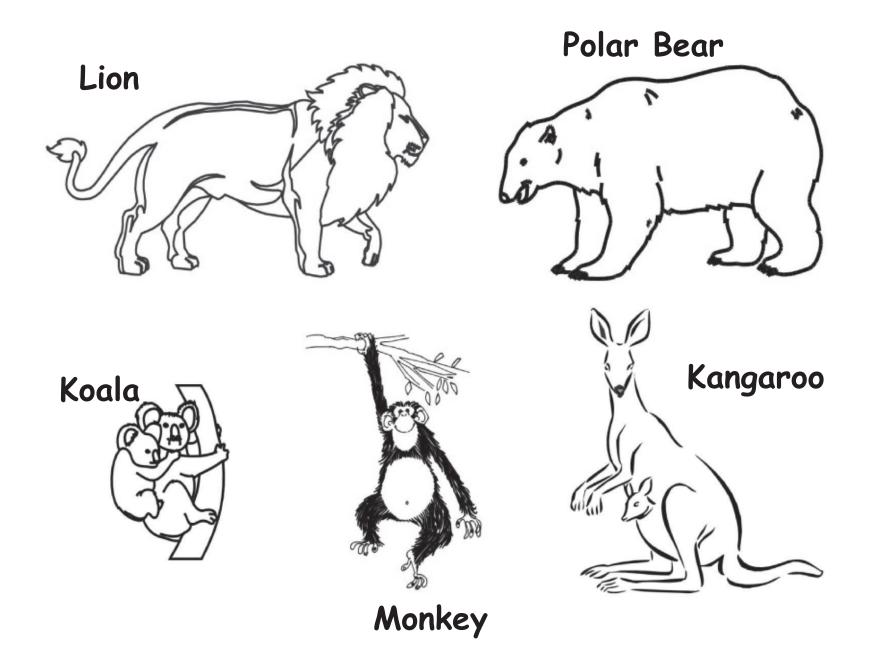
## What is the weather going to be like where Your Special Person is going?



Don't worry if you have more than one type of weather your special person might do as well!

## Are there any types of animal your special person might see whilst they are away?





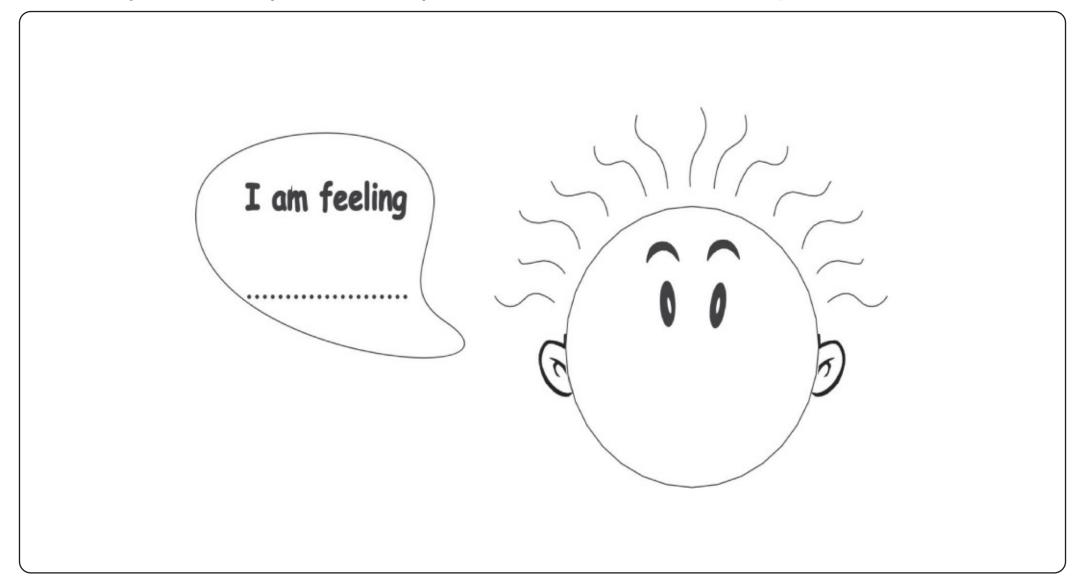
Do you know of any other animals that will be where your special person is going? Can you draw them? Or find pictures of them and stick them on this page. 3-4 weeks before your special person comes home you can send them this letter to tell them how much you've changed since they've been away.

Dear		
	I have changed since you have been away	•
I have grown		
I am in		class at school
I have learnt to		since you have been away
I have changed my		
And I have a new		
My friends are called		
Can you think of any o	ther ways you have changed? You can write t letter.	them here. Then ask a
	fr	rom

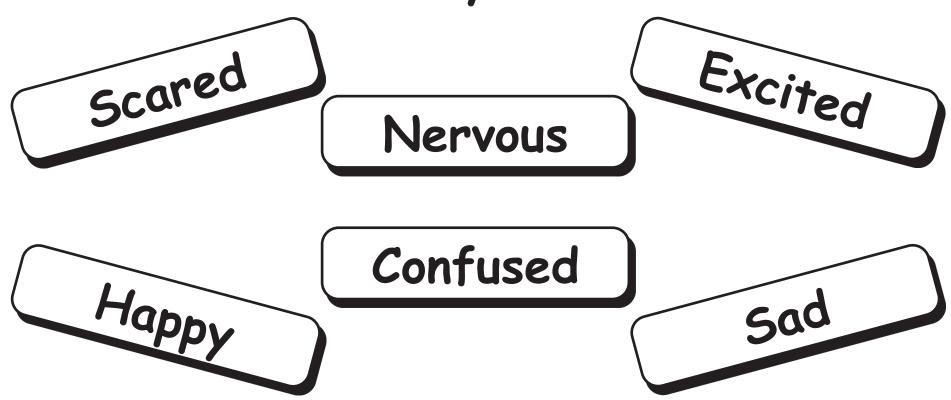
# Draw a picture of you and your special person on your reunion day.



### How do you feel when your special person is coming home?

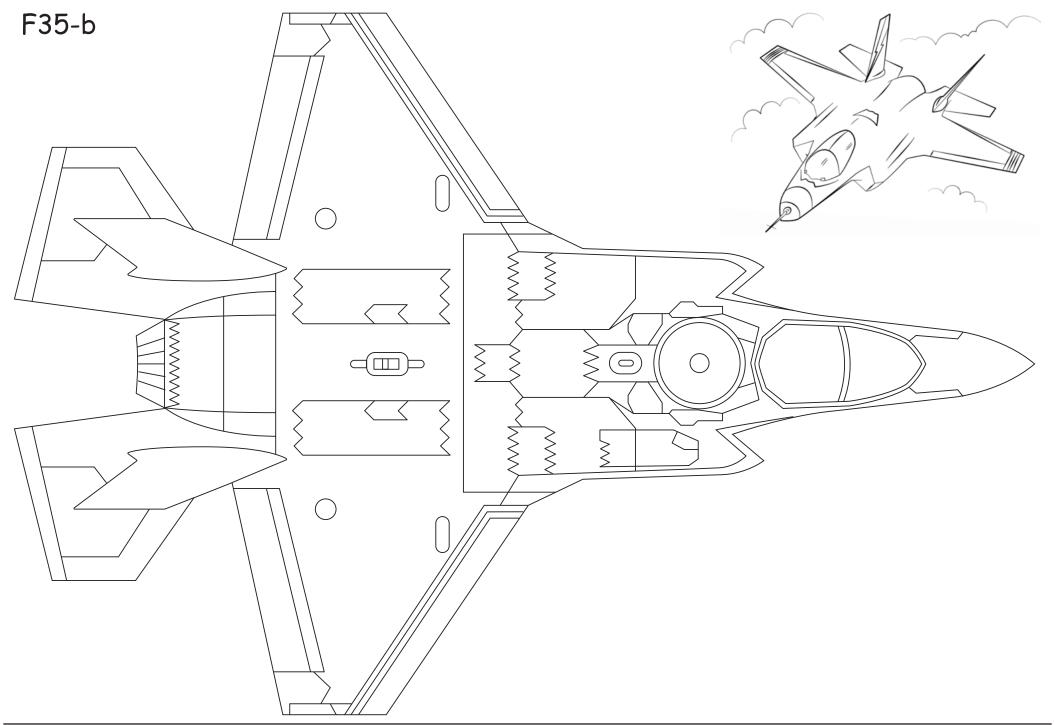


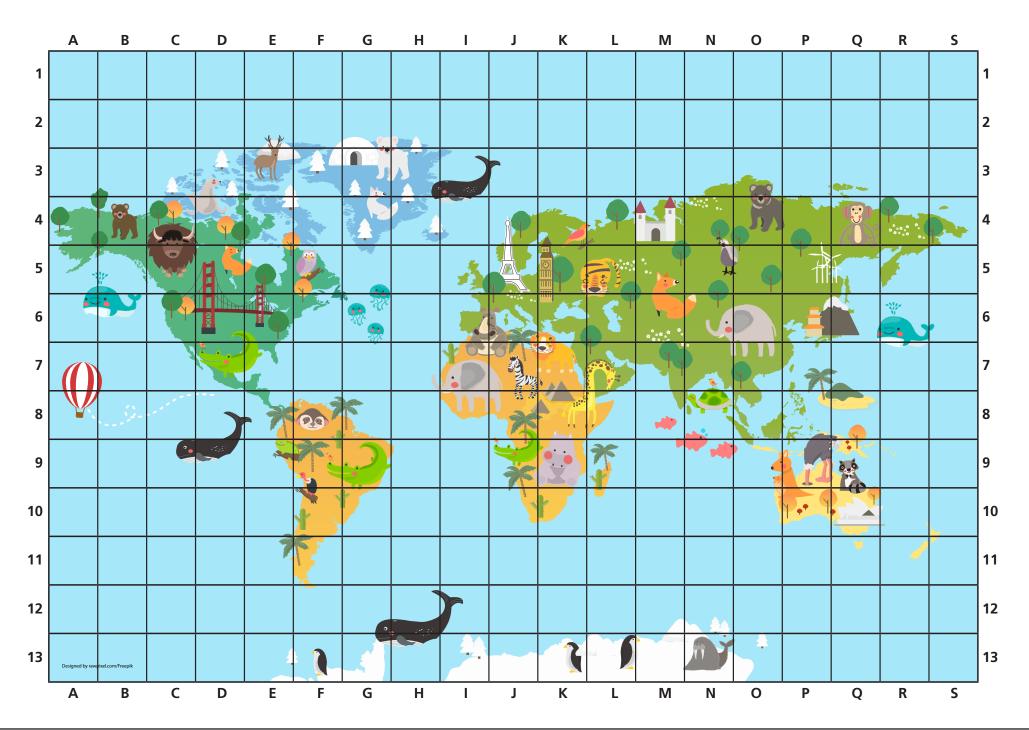
### Reunion day is here at last. How do you feel?



Don't worry all these feelings are perfectly normal and don't be scared to tell a grown up how you are feeling







### BATTLE SHIPS

You have 8 ships and a submarine

Mark the map with a red X where they are (or cut out the ships opposite)

Guess the position of your opponent's ships

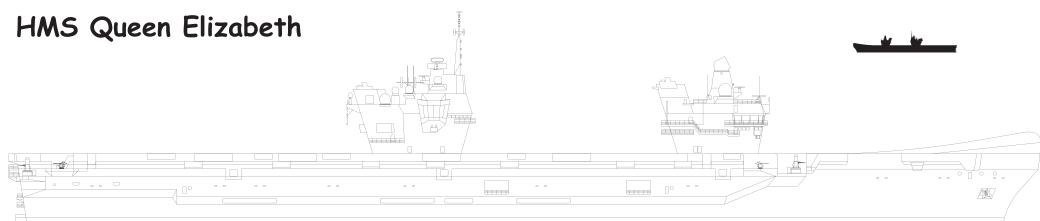
They then guess yours!

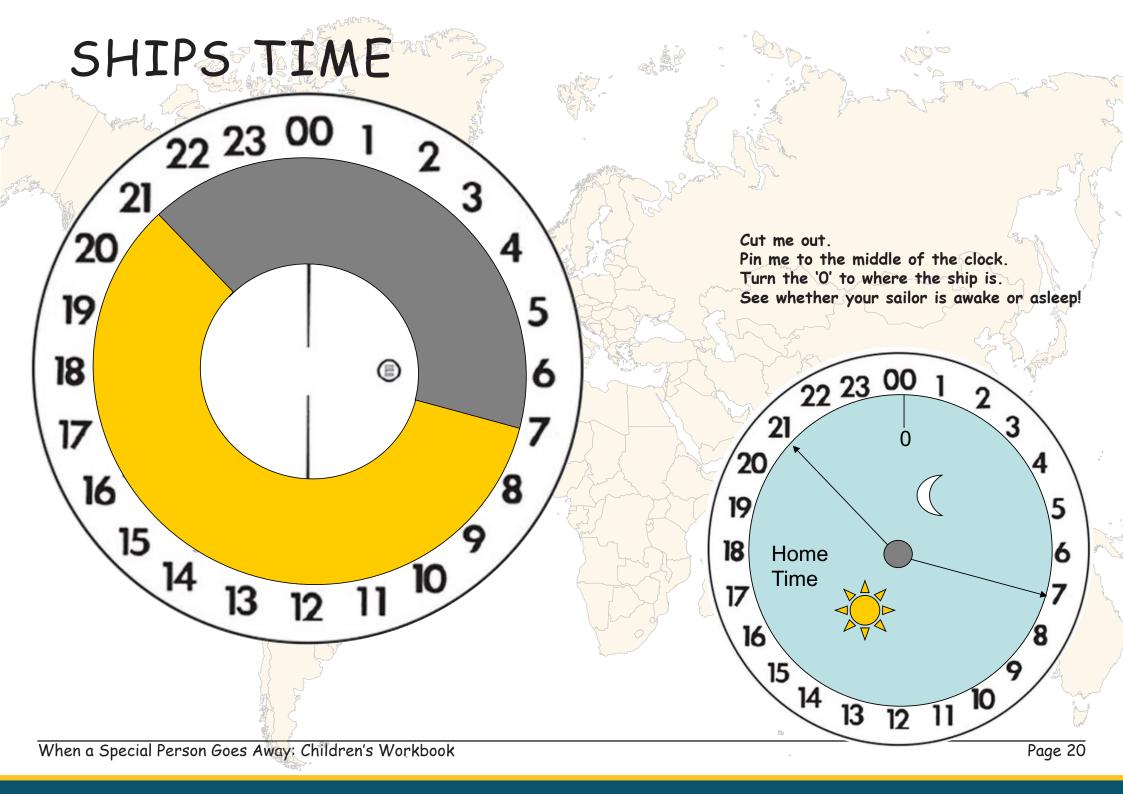
A X for a hit on theirs

A O for a miss!

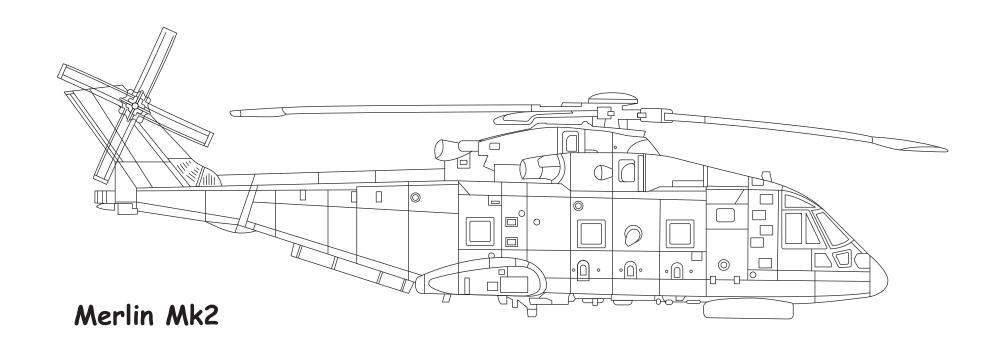
If they hit yours it is sunk

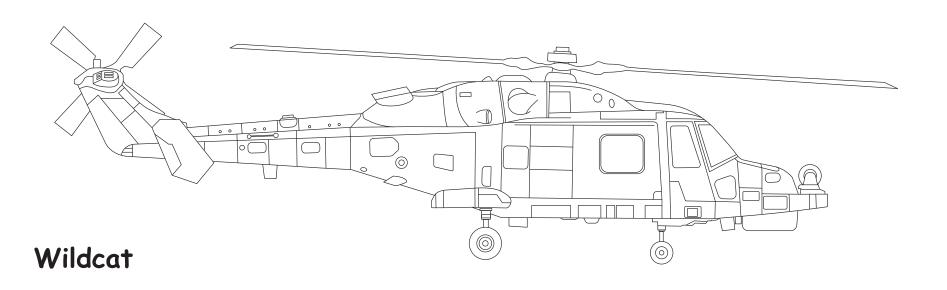


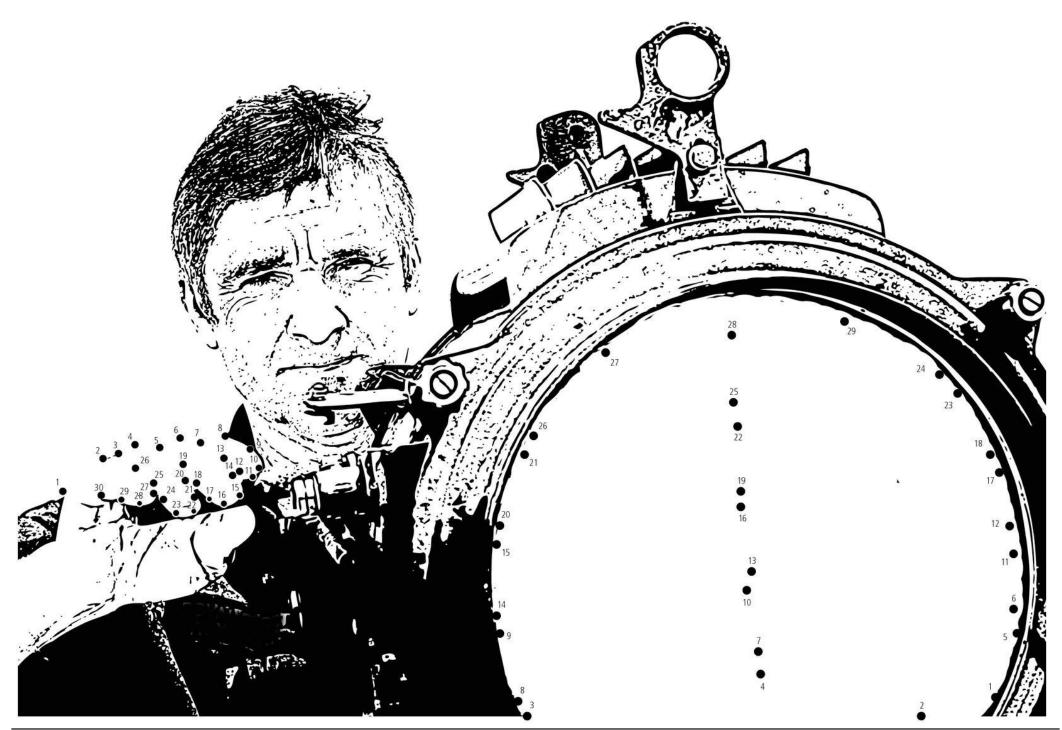




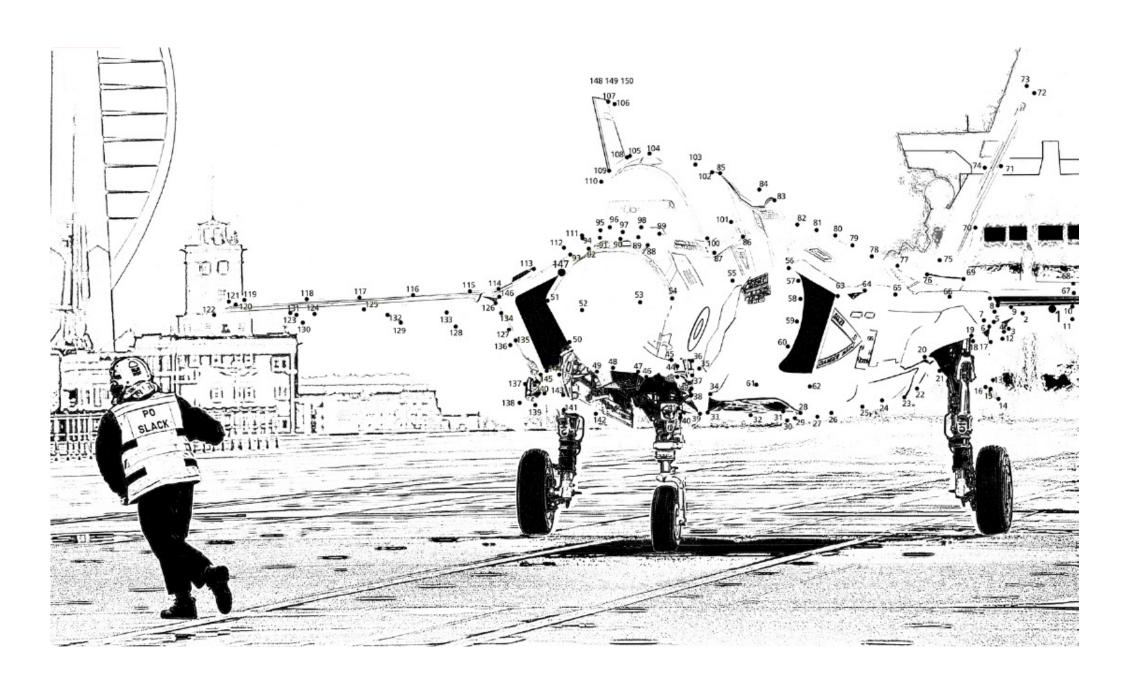








When a Special Person Goes Away: Children's Workbook



### Can you spot the 5 differences



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'Resilient and Resourceful Naval Personnel, Families and Communities'

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- Advice and Support to the Executive and Divisional/Regimental system
- Network of Community, Information and Communication Support

To access our services contact the RN FPS Portal Team:

Tel: 023 9272 8777 / 0800 145 6088

**Email**: navypeople-psrnfpsportal@mod.gov.uk who will assess your needs and discuss what steps will be taken to provide the support required.

#### For INFORMATION AND COMMUNITY SUPPORT

Email: rnrm-wio@royalnavymail.mod.uk or log onto www.royalnavy.mod.uk

Where you will also find the ROYAL NAVY FORUM which provide a safe and protected online environment for Royal Navy personnel, their family and friends whilst serving as a conduit for bespoke information and updates directly from deployed ships and units, ensuring members are informed involved and in touch at all times.

Website: https://forum.royalnavy.mod.uk

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#### JOINT CASUALTY AND COMPASSIONATE CENTRE

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